

## Some Indigenous Methods for Tapping of Gum Guggulu-A Pilot Study

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*Gum of Guggulu is one of the important drug of the Indigenous system of medicine, particularly of Ayurveda. This drug has claimed considerable importance in the recent years. It is highly effective in rheumatism, inflammation and obesity. In the present paper details of pilot study conducted at Guggulu Herbal Farm, Mangliawas for the different methods used for tapping of gum by villagers and tribals have been presented.*

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